

Focus on waiting lists and inequalities for research team



Welcome to the third edition of the HDRC South Tees newsletter.

As a quick reminder, HDRC stands for Health Determinants Research Collaboration.

It's an exciting partnership between Middlesbrough and Redcar & Cleveland councils and Teesside University.

The HDRC's vision is that our area will become an international leader for research and innovation in tackling poor health outcomes and inequalities.

In this newsletter, you can find out about new training opportunities and a project looking at hospital waiting times.

One of the HDRC's main aims is to support staff at the two councils to improve their research skills.

If our teams have better research skills, we can make better decisions that can have a greater impact on people's lives.

On April 3 we are launching our Research Skills Training and Development programme.

The first live online session takes place from 12pm for one hour.

Whether you're a beginner or looking to sharpen your skills, this programme can help you

[Email the HDRC team](#) to book a place.



Focus on inequalities and waiting lists

New research will be carried out on the risks to patients waiting for surgery after a successful bid.

The HDRC teamed up with the South Tees Academic Centre for Surgery (ACeS) to apply for the funding.

Health inequalities in our area contribute to high levels of long-term sickness and low life expectancy.

Surgical waiting lists will be analysed to identify risks where inequalities are a factor.

Getting a better understanding of the impact on health and employment of waiting for surgery will help the NHS and councils work on potential solutions.



Welcome to Amy

Amy Ward has joined the HDRC team as a Research Coordinator focusing on Children's and Adult Services.

She will work with council staff and university academics to oversee research on public health needs.

Amy is a registered children's nurse and health visitor with 20 years of experience.

She worked in children's intensive care before moving into health visiting working in Bradford, Scarborough, Whitby and Catterick Garrison. Prior to joining the HDRC, Amy worked in the children's nursing team at the University of Huddersfield.



Starting strong: The first 1,001 days of life

Childhood development experts Thrive at Five hosted a conference of parents, practitioners and academics to focus on the first 1,001 days of a child's life.

The crucial period has a huge influence on a child's future and the event built on research commissioned by Public Health South Tees and the NHS.

Key themes from the sessions included the role of fathers, parental loneliness and wellbeing and the support available for parents.

Seeing different organisations come together to focus on research and plan positive change was inspiring.

Thank you

Finally for this edition, thank you to everyone who took part in our recent survey.

Your feedback has been valuable in helping us to understand how we can best support you.

We will use your responses to make positive changes that can benefit the residents our Middlesbrough and Redcar and Cleveland.

Keep in touch

If you have any questions about HDRC or want to find out more about how you can get involved, [email the HRDC team](#).



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